



Shaping areas for action for a healthier diet in Newham

Participant Information Sheet

Central University Research Ethics Committee Approval Reference: R74296/RE001

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ABOUT THIS RESEARCH PROJECT

1. Why is this research being conducted?

In Newham there are high levels of health conditions that can be significantly improved with a healthy diet. These conditions include type 2 diabetes, heart disease and obesity.

Researchers from the Population Health department at the University of Oxford have received funding to work with the local community and people involved with local food businesses to reduce intake of unhealthy food in all Newham communities.

We would like to understand what actions you think are needed to reduce consumption of unhealthy food in Newham.

Once we understand what is important to residents and people involved in food businesses in Newham for reducing consumption of unhealthy food, we will use this information to co-develop an intervention to improve the healthiness of diets in Newham.

2. Why have I been invited to take part?

We want to understand the views of people involved with food businesses in Newham to help us develop an intervention to reduce intake of unhealthy food in Newham. To gain these perspectives, we will be interviewing people who are involved in food businesses in Newham.

We have identified you as a person who is involved in or affects the sale of food in some way in Newham, who is 18 years old or over and would be able to participate in an interview in English.

WHAT WILL HAPPEN IF I TAKE PART IN THE RESEARCH?

1. Do I have to take part?

No. It is up to you to decide whether to take part. You can withdraw yourself from the research without giving a reason by advising us of your decision. If you withdraw before or during the interview has started, we will delete any data that we have already collected from you.

2. Short survey and consent process

If you decide to take part, we will ask you for your contact details, some demographic information and your availability for an interview by phone, video call or in person. We will ask you some questions for you consent to an interview.

Completing this form will confirm that you would like to take part and that you understand what it means to be contributing to the research process.

3. Interview

Once we have received your consent, we be able to do an interview with you, in-person, by phone or zoom, according to your preference. The interview will take place at a location (for in-person) and time that is convenient to you.

The interview will last up to 45 minutes. We will ask you questions about running or licensing a food business in Newham, discuss residents' views on food in Newham, barriers to selling healthy food, and how you feel about improving the healthiness of food in Newham. If at any time you wish to pause or stop participating you are free to do so.

We will audio record the interview so we can have an accurate record of the discussions that take place. Therefore participation in the interview requires you to agree to being audio recorded.

BENEFITS AND RISKS FROM TAKING PART

1. What are the possible disadvantages and risks in taking part?

We are not aware of any risks from taking part.

2. Are there any benefits in taking part?

There may be no immediate benefits for participating in the research project. However, ultimately we are aiming to develop an intervention that will help improve the diet of Newham residents. Understanding the perspectives of people involved in food businesses will help us do this.

EXPENSES AND PAYMENTS

You will receive a £20 voucher for participating in the interview.

1. What information will be collected and why is the collection of this information relevant for achieving the research objectives?

The research team will have access to the following research data:

Identifiable data

- Consent forms will be collected electronically and will include your name. Once consent has been obtained through a survey, responses will be downloaded and stored in a secure University of Oxford drive with restricted access. These records will be destroyed three years after publication of the findings in an academic journal.
- Contact details will be collected electronically through a survey. This survey will ask for your personal data (name, email address, phone number). This data will be downloaded and stored on a password-protected file in a secure University of Oxford drive with restricted access. This data will be destroyed one month after the final interview has been completed.
- With your consent, we would like to keep your contact details on a secure database in order to contact you for future studies. We will keep a copy of your consent form with this database, as your consent is our legal basis for re-contacting you under UK data protection law.
- The audio recording will be done directly through software on a University of Oxford laptop, or through a Dictaphone. The recording will be stored in a secure University of Oxford drive with restricted access and destroyed one month after the final interview has been completed.

Other data

- Observation notes will be stored in a University of Oxford secure drive for up to 20 years, in line with the requirements of the Medical Research Council who are funding this research.

2. Will the research be published? Could I be identified from any publications or other research outputs?

The findings from this research will be written up into academic publications and conference presentations. Individual participants will not be identifiable in these research outputs.

It is possible that we will wish to use quotes from the workshops, but any identifiable information will be removed if quoted.

3. Data Protection

The University of Oxford is the data controller with respect to your personal data and, as such, will determine how your personal data is used in the study. The University will process your personal data for the purpose of the research outlined above, which is a task in the public interest under the UK General Data Protection Regulation (UK GDPR). Further information about your rights with respect to your personal data is available at <https://compliance.admin.ox.ac.uk/individual-rights>.

4. Who is funding the research?

This research is being funded by the UK's Medical Research Council.

5. Who has reviewed this study?

This study has received ethics approval from a subcommittee of the University of Oxford Central University Research Ethics Committee. (Ethics reference: R74296/RE001).

6. Who do I contact if I have a concern about the research or I wish to complain?

If you have a concern about any aspect of this study, please contact Dr Jessica Renzella (jessica.renzella@ndph.ox.ac.uk) or Dr Prachi Bhatnagar (prachi.bhatnagar@ndph.ox.ac.uk), and we will do our best to answer your query. We will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Medical Sciences Interdivisional Research Ethics Committee at the University of Oxford who will seek to resolve the matter as soon as possible:

Email: ethics@medsci.ox.ac.uk; Address: Research Services, University of Oxford, Boundary Brook House, Churchill Drive, Headington, Oxford OX3 7GB

7. Further Information and Contact Details

If you would like to discuss the research with someone beforehand (or if you have questions afterwards), please contact:

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