



The Richard Doll Seminars
in Public Health and Epidemiology

Prof Jaakko Tuomilehto

Dasman Diabetes Institute, Kuwait

“Prevention of
type 2 diabetes – the scientific
evidence”

TUESDAY 26th Apr 2016

1-2 pm

Lecture Theatre, Richard Doll Bldg, Old Road Campus

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All welcome

*Recipient of a Litchfield Lectureship (without title) award

Jaakko Tuomilehto*

Chief Scientific Officer

Dasman Diabetes Institute, Kuwait



Professor Jaakko Tuomilehto qualified as MD in 1973 and MA in sociology in 1975 at the *University of Turku*, Finland. He is currently the Chief Scientific Officer at *Dasman Diabetes Institute* in Kuwait. He is Professor Emeritus of Public Health of the *University of Helsinki*, and affiliated with the Chronic Disease Prevention Unit of the *Finnish National Institute for Health and Welfare*, the *Danube-University Krems* in Austria, and Diabetes Research Group at *King Abdulaziz University*, Jeddah, Saudi Arabia. His research interests include the epidemiology and prevention of non-communicable diseases such as diabetes, cardiovascular disease, cancer and dementia.

He has contributed in various landmark studies, e.g. the **North Karelia Project** in Finland, the **WHO MONICA Project**, and the **Finnish Diabetes Prevention Study** that demonstrated a 58% reduction in the incidence of diabetes with lifestyle intervention. He led the **WHO DIAMOND** Project mapping of the incidence of childhood type 1 diabetes worldwide. He also established other large international collaborations, including the **DECODE/DECODA** (Diabetes Epidemiology-Collaborative analysis of Diagnostic Criteria in Europe/Asia) studies that have assessed the glucose criteria for the diagnosis of diabetes.

He has been a member of several American Diabetes Association and WHO committees on the definition and diagnostic criteria of diabetes, and the European Society of Cardiology, where he played a role in the recent “Diabetes and Cardiovascular Disease Guideline” task force. He is also the current Editor-in-Chief of *Primary Care Diabetes*.

He has received various awards, including the **ADA Kelly West Award** and **Harold Rifkin Award**, **EASD Camillo Golgi Award**, **Peter Bennett Diabetes Epidemiology Award**, **UNESCO – Hellmut Mehnert Award**, **AHA Frederick H. Epstein Memorial Lecture Award**, **Karolinska Institute Folksam Prize in Epidemiological Research** and **ESC Geoffrey Rose Award**. He has contributed to over 1600 scientific peer-reviewed publications, and is a highly cited researcher [Thomas Reuter Highly Cited Researcher] with H-index of 155.