# UK Medical Careers Research Group Oxford University

1977 cohort of UK Medical Graduates

Report of Seventh Survey, conducted in 2014

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**Fay Smith** 

UK Medical Careers Research Group, Nuffield Department of Population Health, Oxford University, Old Road Campus, Headington, Oxford OX3 7LF

Telephone: 01865 289389 Fax: 01865 289379

Website: www.uhce.ox.ac.uk/ukmcrg

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#### Introduction

This report describes the results of the seventh survey of the cohort of 2347 doctors who qualified from UK medical schools in 1977. The 1977 cohort has been surveyed previously on six occasions, in 1978, 1980, 1982, 1984, 1995 and 2004. The first mailing for this survey was completed in September 2014, and a final mailing was sent out in January 2015. Late replies were received up to April 2015.

This report describes the main results from the seventh survey, focusing on the current employment status of the respondents, future career plans, views on retirement, views about training, health, well-being, families and careers. It also contains some information about their views and attitudes. It is not intended as an analytical report and does not seek to relate data from this cohort to that obtained from other cohorts.

We expect this report to be of interest to medical workforce planners, policymakers, researchers and others with an interest in medical careers.

#### Cohort size and response to survey

The original graduation cohort in 1974 comprised 3135 doctors (2116 men, 1019 women). We were able to obtain contact details for 2557 of them (81.6%). Of these, 2150 responded, hence the response rate from those who were contactable was 84.1% (2150/2557). For men the response rate was 83.7% (1439/1720), and for women 84.9% (711/837).

2.4% of respondents (51/2150) only filled in a shortened version of the survey. This affects only one question reported in this standard report – current employment status - for which the total number of respondents was n=2150; for all other questions, n=2099.

The 578 members of the cohort who we could not contact included 110 known to be deceased, 324 for whom no contact details could be found, 50 who declined to participate and 94 who had not replied to any of our previous surveys.

#### **Demographics**

#### Age

The median age of respondents, including those doctors who completed short form questionnaires, at the time of the survey in late 2014, was 61 years (men 61, women 60).

#### **Current employment status**

37.7% of the sample had retired and were not now working in medicine (men 31.5%, women 50.1%), 26.8% had retired and `returned` for some medical work (men 29.7%, women 21.0%), 22.5% were working full-time in medicine (men 27.2%, women 13.0%), and 11.7% were working part-time in medicine (men 10.2%, women 14.8%). Table 1 gives a breakdown of the current employment status of respondents to the full questionnaire: it is this table which is used throughout the report to provide a

breakdown of other questions. Table 2 gives a breakdown of the current employment status of all respondents to the full and short versions of the questionnaire.

Table 1: Current employment status, full questionnaire - filter table

	Male		Female		То	tal
	Count	%	Count	%	Count	%
Working full-time in medicine	382	27.2%	89	12.8%	471	22.4%
Working part-time in medicine	141	10.0%	102	14.7%	243	11.6%
Working full-time outside medicine	7	0.5%	3	0.4%	10	0.5%
Working part-time outside medicine	7	0.5%	1	0.1%	8	0.4%
Retired, not now working in medicine	448	31.9%	345	49.8%	793	37.8%
Retired, and `returned` for some medical work	416	29.6%	149	21.5%	565	26.9%
Other (please describe)	4	0.3%	4	0.6%	8	0.4%
Total	1405	100.0%	693	100.0%	2098	100.0%

One respondent did not complete the employment status question, therefore percentages are of all respondents to the full questionnaire, minus one (N = 2098).

Table 2: Current employment status, full and short questionnaires

	Male		Female		To	tal
	Count	%	Count	%	Count	%
Working full-time in medicine	391	27.2%	92	13.0%	483	22.5%
Working part-time in medicine	147	10.2%	105	14.8%	252	11.7%
Working full-time outside medicine	7	0.5%	3	0.4%	10	0.5%
Working part-time outside medicine	8	0.6%	1	0.1%	9	0.4%
Retired, not now working in medicine	454	31.5%	356	50.1%	810	37.7%
Retired, and `returned` for some medical work	428	29.7%	149	21.0%	577	26.8%
Other (please describe)	4	0.3%	4	0.6%	8	0.4%
Total	1439	100.0%	710	100.0%	2149	100.0%

One respondent did not complete the employment status question, therefore percentages are of all respondents to the full and short questionnaires, minus one (N = 2149)

Respondents were asked 'Which phrase best describes your current post, or your last medical post if you are not in medical employment' with the options of Clinical academic, Clinical service without teaching or research, Clinical service with some teaching responsibility, Clinical service with some research time, Clinical service with some teaching and research, and Other.

A third of respondents who were working full-time in medicine were working in posts which comprised clinical service and teaching (Table 3), with smaller numbers in the other types of post. Nearly half of respondents who were working part-time in medicine were working in clinical service posts with teaching. Very similar proportions of doctors who were now retired from medicine had been working in

posts with, and without, teaching responsibility. Those doctors who were retired and had `returned` for some medical work were working in a variety of types of post.

Table 3: Academic content of current medical post (or last medical post if not in medical employment)

		Working full-time in medicine	Working part- time in medicine	Retired, not now working in medicine	Retired, and `returned` for some medical work
Clinical service without	Count	104	93	290	206
teaching or research	%	23	40	39	37
Clinical service with some	Count	9	2	7	11
research time	%	2	1	1	2
Clinical service with some	Count	165	98	331	183
teaching responsibility	%	36	42	44	33
Clinical service with some	Count	87	16	54	49
teaching and research	%	19	7	7	9
Clinical academic with	Count	51	4	11	17
honorary NHS sessions	%	11	2	1	3
Other	Count	42	20	51	88
Other	%	9	9	7	16
Tatal	Count	458	233	744	554
Total	%	100	100	100	100

#### **GMC** registration status

We asked respondents whether they were registered to practise with the GMC and if so whether they were on the GMC's Specialist Register.

58.3% of our respondents were registered and licensed to practise with the GMC, 16.1% were registered and not licensed to practise, and 25.6% of doctors were not currently on the Medical Register with the GMC (Table 4). There was a marked difference by sex. More men doctors than women doctors were registered and licensed to practise (63.6% and 47.8%; Table 5). More women doctors than men doctors were not currently on the Medical Register with the GMC (32.5% and 22.1%).

Table 4: Doctors on the Medical Register with the GMC, by sex

	Male		Female		Tota	Total	
_	Count	%	Count	%	Count	%	
Yes, Registered and licensed to practise	885	63.6%	329	47.8%	1214	58.3%	
Yes, Registered, not licensed to practise	199	14.3%	136	19.7%	335	16.1%	
No	308	22.1%	224	32.5%	532	25.6%	
Total	1392	100.0%	689	100.0%	2081	100.0%	

40.5% of the respondents were also on the Specialist Register with the GMC (Table 5). More men doctors than women doctors were on the Specialist Register.

Table 5: Doctors on the Specialist Register with the GMC, by sex

	Male		Fema	ale	Total		
-	Count	%	Count	%	Count	%	
Yes	634	46.2%	195	28.8%	829	40.5%	
No	739	53.8%	481	71.2%	1220	59.5%	
Total	1373	100.0%	676	100.0%	2049	100.0%	

We asked doctors if they were on a register to practise in any country outside the UK: only 6.9% of doctors were. More men doctors than women doctors were on a register to practise abroad (7.7% and 5.2%).

Table 6: Doctors on a register to practise in a country outside the UK, by sex

	Male		Fema	ale	Total		
	Count	%	Count	%	Count	%	
Yes	107	7.7%	36	5.2%	143	6.9%	
No	1277	92.3%	650	94.8%	1927	93.1%	
Total	1384	100.0%	686	100.0%	2070	100.0%	

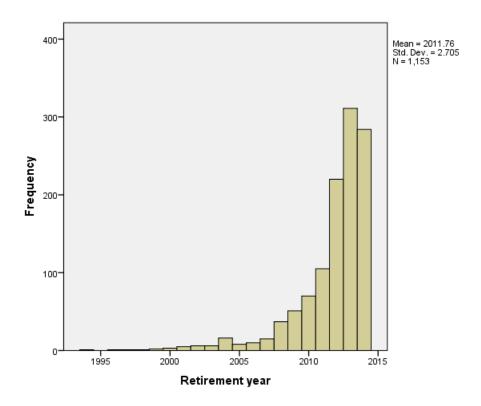
#### Retired doctors, including those who have returned

1358 doctors had retired: 58.4% (793) of these were retired and not working in medicine, and 41.6% (565) had retired and `returned` for some medical work (Table 1). This section focuses on both types of retired doctor.

#### Age at retirement

The mean retirement year for the retired doctors was 2012 (Figure 1).

Figure 1: Actual retirement year of those doctors who had retired



The mean actual retirement age was 59, and the mean contractual retirement age was 62 (Table 7).

Table 7: Actual and contractual retirement age, by retirement status

	Retired, not now		Retired, and `returned`		Total	
	working in me	working in medicine		ical work		
	Mean	SD	Mean	SD	Mean	SD
Retirement age (actual)	59	3	59	2	59	3
Retirement age (contractual)	62	3	62	3	62	3
Contractual - Actual	2.97	3.78	2.30	3.43	2.70	3.65
Hours worked in clinical practice	39	15	44	14	41	15

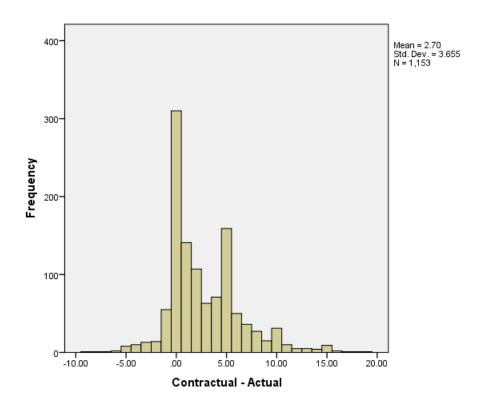
Women had retired slightly earlier than the men doctors (Table 8).

Table 8: Actual and contractual retirement age, by sex

	Male		Female		Total	
	Mean	SD	Mean	SD	Mean	SD
Retirement age (actual)	59	2	58	3	59	3
Retirement age (contractual)	62	3	61	3	62	3
Contractual - Actual	2.83	3.56	2.44	3.81	2.70	3.65
Hours worked in clinical practice	44	14	36	15	41	15

The actual retirement age was subtracted from the contractual retirement age in order to gauge whether the retired doctors had retired early or late. The doctors in this sample had retired a mean of 2.7 years earlier than their contractual date, but this did vary substantially (Figure 2).

Figure 2: Early retirement; Contractual retirement age compared with actual retirement age



#### Clinical work at time of retirement

The doctors were asked 'Were you working in clinical practice at the time you retired?' 94.3% of retired doctors replied 'yes' and 5.7% replied 'no' (Tables 9 and 10).

Table 11: Clinical work at time of retirement, by retirement status

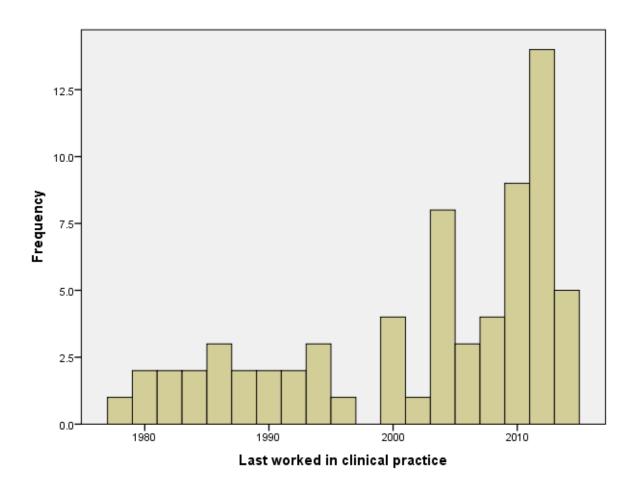
		Retired, not now working in medicine	Retired, and `returned` for some medical	Total
			work	
Yes	Count	733	522	1255
162	%	92.8%	96.5%	94.3%
No	Count	57	19	76
NO	%	7.2%	3.5%	5.7%
Total	Count	790	541	1331
Total	%	100.0%	100.0%	100.0%

Table 12: Clinical work at time of retirement, by sex

		Male	Female	Total
Yes	Count	802	453	1255
	%	94.7%	93.6%	94.3%
Na	Count	45	31	76
No	%	5.3%	6.4%	5.7%
<b>-</b>	Count	847	484	1331
Total	%	100.0%	100.0%	100.0%

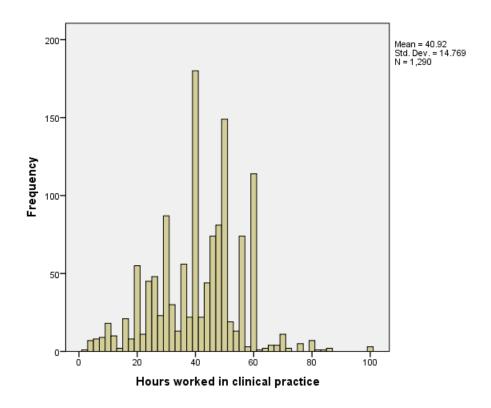
Of the 76 doctors who said 'no', who were not working in clinical practice at the time of their retirement, 68 gave the year they last worked in clinical practice (Figure 3).

Figure 3: Year last worked in clinical practice



The doctors were asked 'How many hours a week did you work in your last year in clinical practice, on average?' Doctors replied that they had worked 41 hours (SD 15) per week in clinical practice (Tables 9 and 10, and Figure 4). Doctors who had returned to work after retirement had worked more hours in clinical practice (44 versus 39 hours), and men doctors had worked more hours than female doctors in clinical practice (44 versus 36 hours).

Figure 4: Hours per week worked in clinical practice



The doctors were then asked 'In that year, approximately what percentage of your working time did you spend each week, on average, on each of these areas?' Tables 11 and 12 show the areas presented on the questionnaire. On average doctors had spent most (79%) of their time, in their last year in clinical practice, on clinical work. Doctors who were not now working in medicine had spent more time doing clinical work in their last year (81%) than doctors who returned (75%).

Table 11: Percentage of working time spent on different areas, by retirement status

	Retired, not now working		Retired, and `retu	urned` for	Tota	al
	in medicine	)	some medica	l work		
	Mean	SD	Mean	SD	Mean	SD
Clinical	81	18	75	19	79	19
Teaching /training	10	9	10	8	10	9
Research	7	15	10	16	8	16
Management	15	15	16	16	15	16
Other	17	22	17	15	17	19

Women doctors had spent more time doing clinical work in their last year (81%) than men doctors (78%).

Table 12: Percentage of working time spent on different areas, by sex

	Male	Male		le	Total	
	Mean	SD	Mean	SD	Mean	SD
Clinical	78	19	81	18	79	19
Teaching /training	10	9	10	8	10	9
Research	8	13	10	22	8	16
Management	16	16	15	15	15	16
Other	17	18	17	21	17	19

#### Circumstances of the retirement

When asked about the circumstances of the retirement, most doctors said that they had retired when they had planned to retire (64.7%; Table 13). 14.8% of doctors said that the retirement had been unplanned and due to a change in the work environment. 15.1% of doctors said that the retirement had been unplanned and due to a change in personal circumstances.

Table 13: Circumstances of the retirement, by retirement status

		Retired, not now working in medicine	Retired, and `returned` for some medical work	Total
I retired when I had planned to retire	Count	484	362	846
	%	61.8%	69.1%	64.7%
It was unplanned and due to a change	Count	123	70	193
in the work environment	%	15.7%	13.4%	14.8%
It was unplanned and due to changes	Count	141	57	198
in personal circumstances	%	18.0%	10.9%	15.1%
Other	Count	35	35	70
	%	4.5%	6.7%	5.4%
Total	Count	783	524	1307
	%	100.0%	100.0%	100.0%

Fewer women doctors retired when they had planned to retire compared with men doctors (Table 14).

Table 14: Circumstances of the retirement, by sex

		Male	Female	Total
I retired when I had planned to retire	Count	552	294	846
	%	66.3%	61.9%	64.7%
It was unplanned and due to a change in	Count	116	77	193
the work environment	%	13.9%	16.2%	14.8%
It was unplanned and due to changes in	Count	118	80	198
personal circumstances	%	14.2%	16.8%	15.1%
Other	Count	46	24	70
	%	5.5%	5.1%	5.4%
Total	Count	832	475	1307
	%	100.0%	100.0%	100.0%

#### **Reasons for retirement**

The retired doctors were asked to select, from a list of factors, any factor which played a part in their decision to retire when they did. The doctors could select more than one factor (Figure 5). The most frequently cited factor was 'to increase time for leisure/other interests' (64.8%), followed by 'pressure of work' (62.1%) and 'reduced job satisfaction' (60.2%).

Figure 5: Reasons for retirement

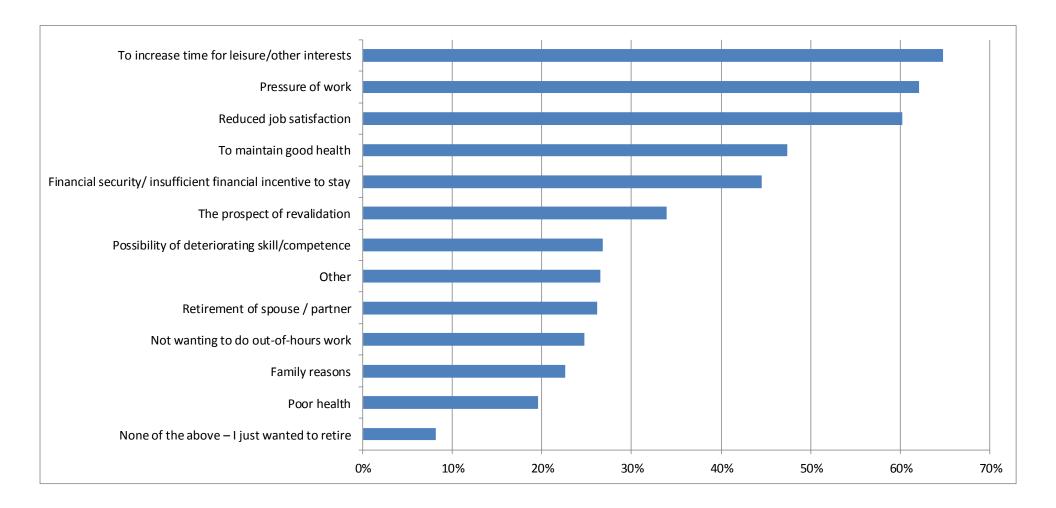
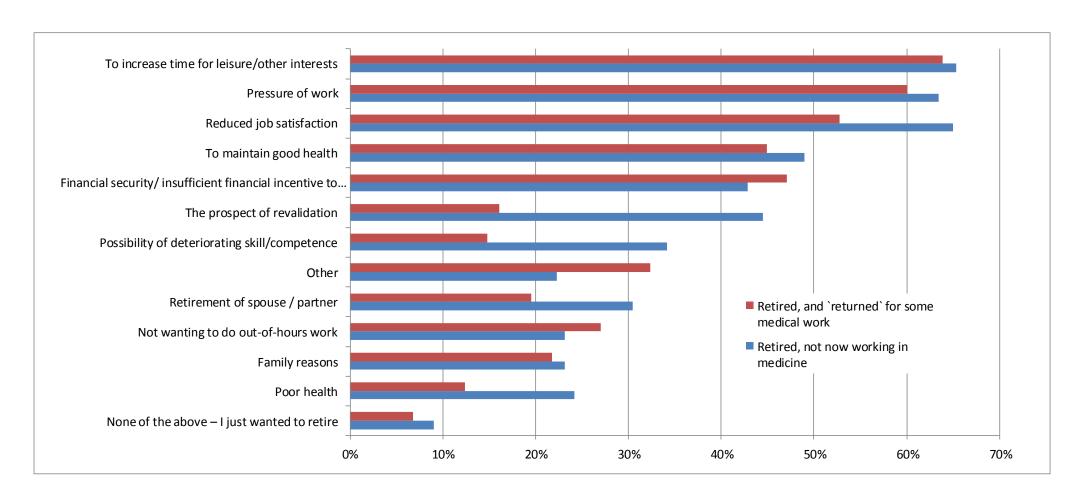


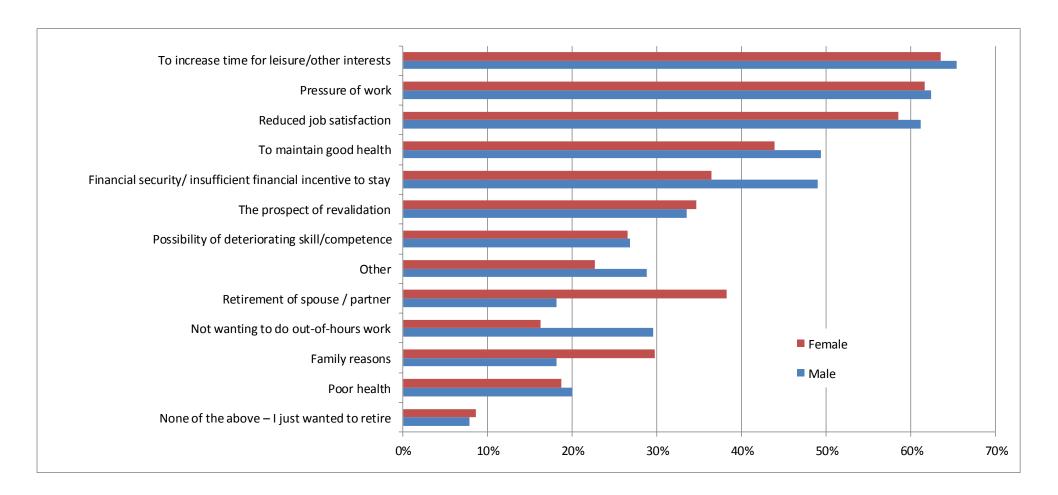
Figure 6 show how this varied according to whether the doctor had returned to work or not.

Figure 6: Reasons for retirement, by retirement status



Men doctors were more likely than women doctors to retire for 'Financial security/ insufficient financial incentive to stay' (49.0% and 36.5% respectively; Figure 7). Women doctors were more likely than men doctors to retire for family reasons (30.3% and 17.8%) or due to the retirement of a spouse or partner (38.3% and 18.1%).

Figure 7: Reasons for retirement, by sex



#### **Enjoyment of last post**

Respondents were asked to rate their enjoyment of their last post on a scale of 1 to 10, where 1 represented 'did not enjoy it at all' and 10 represented 'enjoyed it greatly'. The median score for respondents was 8 for men and 7 for women; and 8 for doctors irrespective of whether or not they had returned to work.

#### Doctors working in medicine who have not retired

714 doctors were working in medicine: 66.0% (471) of these were working full-time in medicine, and 34.0% (243) were working part-time in medicine (Table 1). This section focuses on all 714 doctors working in medicine.

#### Hours worked per week

The doctors were asked 'How many hours a week do you work on average, in total, including any private practice?' Doctors working full-time in medicine replied that they worked, on average, 51 hours (SD 10) per week. Doctors working part-time in medicine replied that they worked, on average, 28 hours (SD 10) per week). Men doctors working full-time in medicine worked slightly more hours per week than women doctors working full-time (51 versus 48).

#### Components of working time

The doctors were asked 'Approximately what percentage of your working time do you spend each week, on average, on each of these areas?' Tables 15 and 16 show the areas presented on the questionnaire. Doctors spent most (73%) of their time on clinical work. Full-time doctors spent less time doing clinical work (69%) than part-time doctors (80%).

Table 15: Percentage of working time spent on different areas, by working status

	Working full-tim	e in medicine	Working part-time	Working part-time in medicine		
	Mean	SD	Mean	SD	Mean	SD
Clinical	69	25	80	22	73	25
Teaching /training	10	8	9	7	10	8
Research	13	17	12	22	13	18
Management	19	21	16	17	18	20
Other	21	23	38	37	26	29

Women doctors had spent more of their time doing clinical work in their last year (77%) than men doctors (71%).

Table 16: Percentage of working time spent on different areas, by sex

	Male	Male		Female		Total	
	Mean	SD	Mean	SD	Mean	SD	
Clinical	71	26	77	20	73	25	
Teaching /training	10	8	10	8	10	8	
Research	13	17	13	20	13	18	
Management	18	21	17	18	18	20	
Other	24	27	30	32	26	29	

The doctors were then asked 'Would you like to spend more, or less, time on each of these areas?' Most doctors said that they wanted to spend the 'same' amount of time on each of the four main areas (Tables 17 and 18). The area doctors most wanted to spend less time on was management (36%), followed by clinical work (27%). The areas doctors wanted to spend more time on were research (28%) and teaching/training (28%). Women doctors wanted to spend more time on research (34%), compared with men doctors (27%).

Table 17: Percentage of working time desired for different areas, by working status

		Working full-time in Working part-time in medicine medicine			Tota	I	
		Count	%	Count	%	Count	%
	More	41	9.2%	31	13.9%	72	10.8%
01: : 1	Less	146	32.9%	34	15.2%	180	27.0%
Clinical	Same	257	57.9%	158	70.9%	415	62.2%
	Total	444	100.0%	223	100.0%	667	100.0%
	More	106	27.4%	51	28.0%	157	27.6%
Tanahina /trainina	Less	23	5.9%	12	6.6%	35	6.2%
Teaching /training	Same	258	66.7%	119	65.4%	377	66.3%
	Total	387	100.0%	182	100.0%	569	100.0%
	More	103	32.1%	23	18.7%	126	28.4%
Research	Less	15	4.7%	5	4.1%	20	4.5%
Research	Same	203	63.2%	95	77.2%	298	67.1%
	Total	321	100.0%	123	100.0%	444	100.0%
	More	17	4.2%	7	4.0%	24	4.1%
	Less	145	35.6%	66	37.5%	211	36.2%
Management	Same	245	60.2%	103	58.5%	348	59.7%
	Total	407	100.0%	176	100.0%	583	100.0%

Table 18: Percentage of working time desired for different areas, by sex

		Male	е	Fema	ale	Tota	al
		Count	%	Count	%	Count	%
	More	52	10.6%	20	11.4%	72	10.8%
011 1	Less	147	29.9%	33	18.9%	180	27.0%
Clinical	Same	293	59.6%	122	69.7%	415	62.2%
	Total	492	100.0%	175	100.0%	667	100.0%
	More	112	26.7%	45	30.0%	157	27.6%
<b>T</b> 1: " : :	Less	31	7.4%	4	2.7%	35	6.2%
Teaching /training	Same	276	65.9%	101	67.3%	377	66.3%
	Total	419	100.0%	150	100.0%	569	100.0%
	More	92	26.8%	34	33.7%	126	28.4%
Dagaga	Less	17	5.0%	3	3.0%	20	4.5%
Research	Same	234	68.2%	64	63.4%	298	67.1%
	Total	343	100.0%	101	100.0%	444	100.0%
	More	15	3.4%	9	6.2%	24	4.1%
	Less	159	36.3%	52	35.9%	211	36.2%
Management	Same	264	60.3%	84	57.9%	348	59.7%
	Total	438	100.0%	145	100.0%	583	100.0%

#### **Enjoyment of post**

Respondents were asked to rate their enjoyment of their last post on a scale of 1 to 10, where 1 represented 'did not enjoy it at all' and 10 represented 'enjoyed it greatly'. The median score for respondents was 8 for both men and women. Full-time and part-time doctors had a median score of 8.

Respondents were asked to express, on a scale from 1 to 10, where 1 represented 'not at all satisfied' and 10 represented 'greatly satisfied', their satisfaction with the amount of time their work left them for family, social and recreational activities. The median score for respondents was 6 for both men and women. Full-time doctors had a median score of 6, and part-time doctors had a median score of 7.

#### Plans for retirement

Doctors were asked 'At what age do you plan to retire?' The mean intended retirement age was 64.8 (Table 19).

Table 19: Intended retirement age, by working status

	Working full-time in medicine		Working par	Working part-time in medicine			Total	
	Mean	SD	Mean	SD		Mean	SD	
Planned age	65	4		64	4	65	4	

Men doctors working full-time had the latest intended retirement age (65) and women doctors working part time had the earliest (64; Table 20).

Table 20: Intended retirement age, by working status and gender

	Male		Fem	ale	To	Total	
	Mean	SD	Mean	SD	Mean	SD	
Planned age	65	4	64	3	65	4	

The doctors were asked 'Do you plan to reduce your time commitments to your work before retiring?' Most part-time doctors (69.2%) replied that they had already done so, compared with 18.9% of full-time doctors (Tables 21 and 22). 42.1% of full-time doctors intended to reduce the time commitments to work (before retiring) in the future, and 23.6% did not intend to do this.

Table 21: Plans to reduce time commitments to work, by working status

		Working full- time in medicine	Working part- time in medicine	Total
Vaa I hava alvaadii dana aa	Count	87	162	249
Yes, I have already done so	%	18.9%	69.2%	35.8%
Voc. in the future	Count	194	18	212
Yes, in the future	%	42.1%	7.7%	30.5%
No	Count	109	39	148
No	%	23.6%	16.7%	21.3%
Don`t know	Count	71	15	86
DOI! ( KIIOW	%	15.4%	6.4%	12.4%
Total	Count	461	234	695
Total	%	100.0%	100.0%	100.0%

Table 22: Plans to reduce time commitments to work, by sex

		Male	Female	Total
Van Ilbarra dina di dana an	Count	182	67	249
Yes, I have already done so	%	35.8%	35.8%	35.8%
Was in the first wa	Count	175	37	212
Yes, in the future	%	34.4%	19.8%	30.5%
No	Count	97	51	148
No	%	19.1%	27.3%	21.3%
Dan't know	Count	54	32	86
Don`t know	%	10.6%	17.1%	12.4%
Tatal	Count	508	187	695
Total	%	100.0%	100.0%	100.0%

The doctors were asked 'Do you plan to change your role, in employment, before you retire?' 31.7% of full-time doctors replied that they did intend to change their role, compared with 19.0% of part-time doctors (Table 23). 29.2% of men doctors intended to change their role (before retiring) in the future, and 22.4% of women doctors intended to do this (Table 24).

Table 23: Plans to change role, by working status

		Working full-	Working part-	Total
		time in medicine	time in medicine	
V	Count	142	44	186
Yes	%	31.7%	19.0%	27.4%
N.I	Count	306	187	493
No	%	68.3%	81.0%	72.6%
<b>T</b>	Count	448	231	679
Total	%	100.0%	100.0%	100.0%

Table 24: Plans to change role, by sex

		Male	Female	Total
	Count	145	41	186
Yes	%	29.2%	22.4%	27.4%
	Count	351	142	493
No	%	70.8%	77.6%	72.6%
Total	Count	496	183	679
	%	100.0%	100.0%	100.0%

## Incentives to stay working in medicine

The doctors were asked to select, from a list of factors, any factor that would encourage them to stay working in medicine for longer. The doctors could select more than one factor (Figure 8). The most frequently cited factor was 'reduced impact of work-related bureaucracy' (64%), followed by 'workload reduction/shorter hours' (61%).

Figure 8: Incentives to stay working in medicine

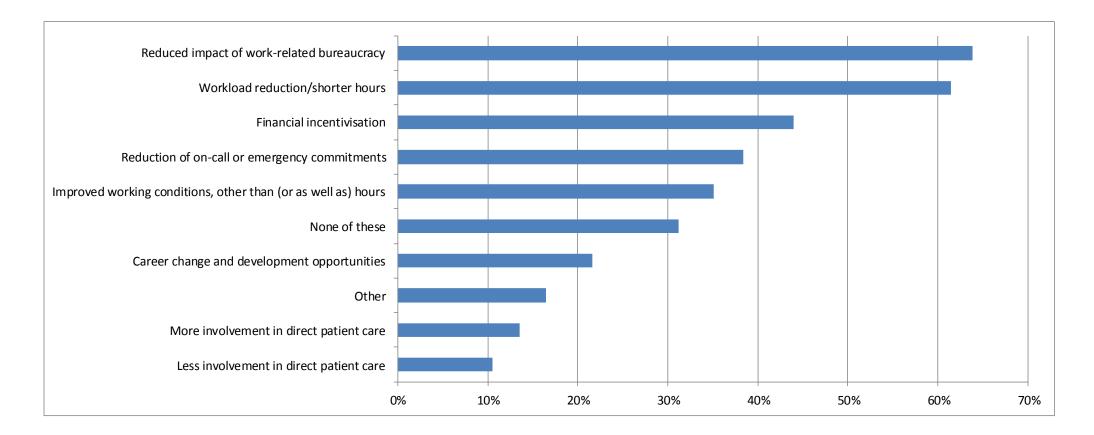
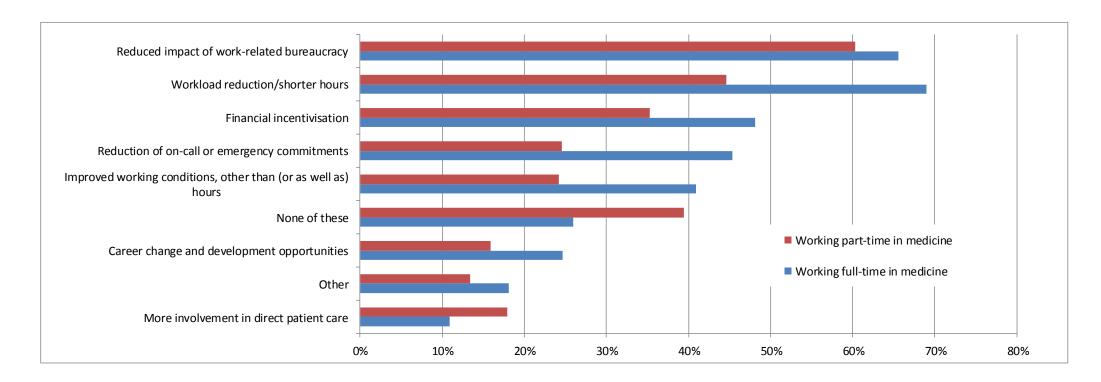


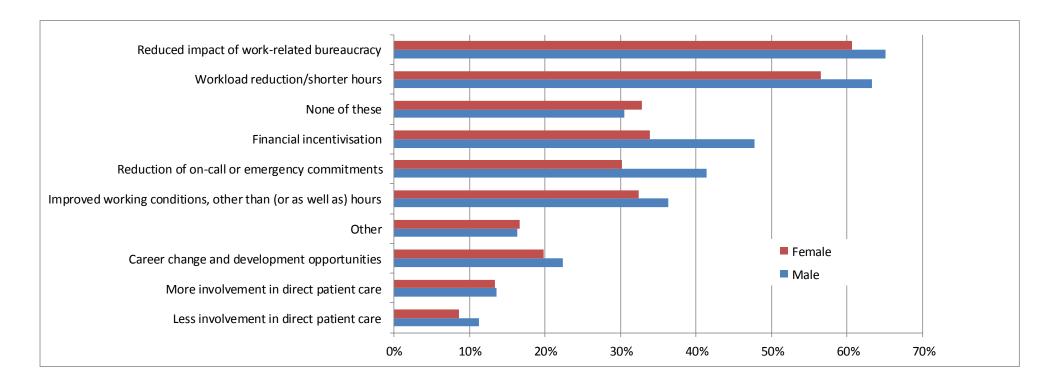
Figure 9 shows how this varied according to whether the doctor worked full-time or part-time.

Figure 9: Incentives to stay working in medicine, by working status



Men doctors were more likely than women doctors to cite 'financial incentivisation' (48% and 34% respectively; Figure 10).

Figure 10: Incentives to stay working in medicine, by sex



#### Doctors not in employment who have not retired

8 doctors were not in employment and did not regard themselves as retired (Table 1). These doctors were asked 'Are you currently seeking work as a doctor?' Respondents could reply 'yes', 'no' or 'possibly in the future'. One doctor replied and ticked 'no'.

#### Doctors' views about their career, the NHS, and more

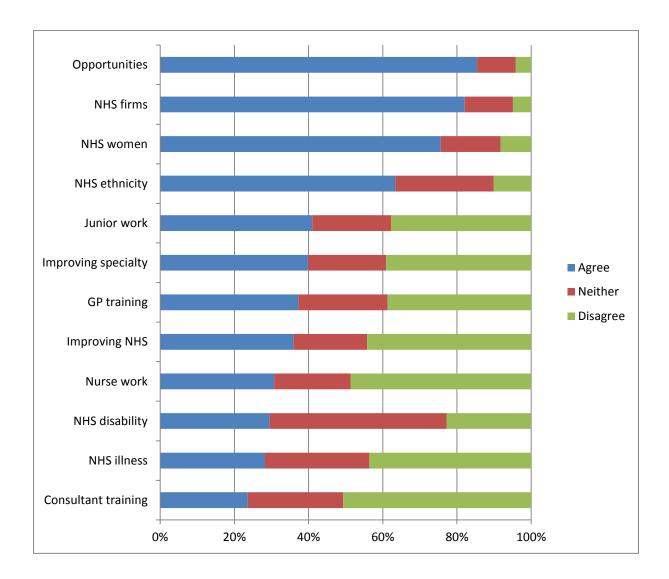
We presented the doctors with the following range of statements and they were asked to give the extent to which they agreed with each statement, using a five point scale covering strongly agree, agree, neither agree nor disagree, disagree, and strongly disagree.

For the figure below we merged strongly agree and agree as 'Agree', and disagree and strongly disagree as 'Disagree', and used these abbreviations to denote the statements:

Abbreviation	Statement
Opportunities	I have had good professional opportunities in my career to date
Junior work	In recent years, I have often found myself doing too much work that a junior
	doctor could have done
Nurse work	In recent years, I have often found myself doing too much work that an
	appropriately trained nurse could have done
Improving	There are good prospects for improvement of the NHS in my specialty
specialty	
Improving NHS	There are good prospects for improvement of the NHS overall
NHS women	The NHS of today is a good equal opportunities employer for women doctors
NHS ethnicity	The NHS of today is a good equal opportunities employer for doctors from
	ethnic minorities
NHS disability	The NHS of today is a good equal opportunities employer for doctors with
	disabilities
NHS illness	The NHS of today is a good employer when doctors become ill themselves
NHS firms	The decline of the traditional 'firm' structure in the NHS in recent years has
	significantly reduced job satisfaction
GP training	These days, the training of GP trainees in the NHS is sufficient to enable them
	to practise adequately when they first become GPs
Consultant	These days, the training of specialist doctors in the NHS is sufficient to enable
training	them to practise adequately when they first become consultants

The doctors were presented with a range of statements and were asked to give the extent to which they agreed with each statement, using a five point scale (and a 'don't know' option; Figure 11).

Figure 11: Doctors' views on a range of statements



#### **Constraints on career**

The doctors were asked 'Have there been any factors, such as caring for family, or partner's job, which have imposed constraints on your career?' Most doctors replied 'no' (66%), and 31% replied 'yes' (Table 25). More part-time doctors (working in medicine) had felt these constraints than full-time doctors (38% and 24%).

Table 25: Constraints on career, by working status

		Working full-time	Working part-time	Working full-time	Working part-time	Retired, not now	Retired, and	Other (please	Total
		in	in	outside	outside	working	`returned`	describe)	
		medicine	medicine	medicine	medicine	in	for some		
						medicine	medical		
							work		
Vaa	Count	111	88	1	1	272	152	3	628
Yes	%	24.3%	38.3%	11.1%	14.3%	35.7%	27.7%	42.9%	31.1%
No	Count	327	137	8	6	475	381	3	1337
No	%	71.6%	59.6%	88.9%	85.7%	62.4%	69.4%	42.9%	66.2%
Prefer not to	Count	19	5	0	0	14	16	1	55
answer	%	4.2%	2.2%	0.0%	0.0%	1.8%	2.9%	14.3%	2.7%
Total	Count	457	230	9	7	761	549	7	2020
Total	%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

More women doctors said that their career had been constrained by factors such as caring for family, or a partner's job (59% and 17%; Table 26).

Table 26: Constraints on career, by sex

		Male	Female	Total
V	Count	235	393	628
Yes	%	17.3%	59.2%	31.1%
No	Count	1086	251	1337
No	%	80.1%	37.8%	66.2%
Prefer not to answer	Count	35	20	55
Prefer not to answer	%	2.6%	3.0%	2.7%
Total	Count	1356	664	2020
TOTAL	%	100.0%	100.0%	100.0%

#### Adverse effects on health or well-being

The doctors were asked 'Do you feel that working as a doctor has had any adverse effects on your own health or well-being?' 51% of doctors replied 'no', and 46% replied 'yes' (Table 27).

Table 27: Adverse effects on health or well-being, by working status

		Working full-time	Working part-time	Working full-time	Working part-time	Retired, not now	Retired, and	Other (please	Total
		in	in	outside	outside	working	`returned`	describe)	
		medicine	medicine	medicine	medicine	in	for some		
						medicine	medical		
							work		
Vaa	Count	184	97	2	2	377	273	4	939
Yes	%	40.1%	42.0%	22.2%	28.6%	49.0%	49.8%	57.1%	46.3%
No	Count	262	130	7	5	375	263	2	1044
No	%	57.1%	56.3%	77.8%	71.4%	48.8%	48.0%	28.6%	51.4%
Prefer not to	Count	13	4	0	0	17	12	1	47
answer	%	2.8%	1.7%	0.0%	0.0%	2.2%	2.2%	14.3%	2.3%
Total	Count	459	231	9	7	769	548	7	2030
Total	%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

47% of women doctors said that working as a doctor had had an adverse effect on your own health or well-being, compared with 46% of men doctors (Table 28).

Table 28: Adverse effects on health or well-being, by sex

		Male	Female	Total
.,	Count	623	316	939
Yes	%	45.7%	47.4%	46.3%
Na	Count	710	334	1044
No	%	52.1%	50.1%	51.4%
Drofer not to enguer	Count	30	17	47
Prefer not to answer	%	2.2%	2.5%	2.3%
Total	Count	1363	667	2030
Total	%	100.0%	100.0%	100.0%

#### Would you recommend a career in medicine?

The doctors were asked 'Would you recommend a career in medicine, now, to young people with an aptitude for it?' Most doctors would (70%), and 15% would not recommend a career in medicine (Table 29). More doctors working full-time in medicine would *definitely* recommend a career in medicine than doctors working part-time in medicine (41% compared with 28%).

Table 29: 'Would you recommend a career in medicine?' by working status

		Working	Working	Working	Working	Retired,	Retired,	Other	Total
		full-time	part-time	full-time	part-time	not now	and	(please	
		in	in	outside	outside	working	`returned`	describe)	
		medicine	medicine	medicine	medicine	in	for some		
						medicine	medical		
							work		
Definitely Voc	Count	189	67	3	3	219	205	2	688
Definitely Yes	%	41.0%	28.3%	33.3%	42.9%	28.1%	37.0%	28.6%	33.5%
Drobobly Voc	Count	151	100	3	2	283	202	3	744
Probably Yes	%	32.8%	42.2%	33.3%	28.6%	36.4%	36.5%	42.9%	36.2%
Llagura	Count	48	37	1	0	142	80	0	308
Unsure	%	10.4%	15.6%	11.1%	0.0%	18.3%	14.4%	0.0%	15.0%
DeckableNa	Count	52	27	2	2	104	49	1	237
Probably No	%	11.3%	11.4%	22.2%	28.6%	13.4%	8.8%	14.3%	11.5%
Definitely No	Count	21	6	0	0	30	18	1	76
Definitely No	%	4.6%	2.5%	0.0%	0.0%	3.9%	3.2%	14.3%	3.7%
Takal	Count	461	237	9	7	778	554	7	2053
Total	%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%

More men doctors than women doctors would *definitely* recommend a career in medicine (35% compared with 31%; Table 30).

Table 30: 'Would you recommend a career in medicine?' by sex

		Male	Female	Total
5 " " 1 "	Count	479	209	688
Definitely Yes	%	34.8%	30.9%	33.5%
Drobobly Voc	Count	486	258	744
Probably Yes	%	35.3%	38.2%	36.2%
Unsure	Count	196	112	308
Onsure	%	14.2%	16.6%	15.0%
Drobobly No	Count	161	76	237
Probably No	%	11.7%	11.2%	11.5%
Definitely No	Count	55	21	76
Definitely No	%	4.0%	3.1%	3.7%
Total	Count	1377	676	2053
Total	%	100.0%	100.0%	100.0%

#### **Families and careers**

We asked the doctors if they had any children (including step-children). 93% of men doctors had children and 82% of women doctors had children (Table 31).

Table 31: 'Have you had any children?' by sex

		Male	Female	Total
	Count	1279	562	1841
Yes	%	93.2%	82.4%	89.6%
Na	Count	93	120	213
No	%	6.8%	17.6%	10.4%
T-4-1	Count	1372	682	2054
Total	%	100.0%	100.0%	100.0%

The average number of children, per doctor, was 2.7 (SD=1.0). The average for men doctors was 2.8 and for women doctors it was 2.6. 54.2% of men doctors had more than 2 children, compared with 47.6% of women doctors (Table 32).

Table 32: Number of children by sex

			sex	x	Total
			Male	Female	
	0	Count	93	120	213
	0	% within sex	7.3%	18.4%	11.1%
	4	Count	62	41	103
	1	% within sex	4.9%	6.3%	5.4%
	0	Count	475	238	713
	2	% within sex	37.5%	36.4%	37.2%
	2	Count	410	170	580
	3	% within sex	32.4%	26.0%	30.2%
	4	Count	160	61	221
	4	% within sex	12.6%	9.3%	11.5%
	_	Count	47	13	60
	5	% within sex	3.7%	2.0%	3.1%
	6	Count	10	7	17
	6	% within sex	0.8%	1.1%	0.9%
	7	Count	5	1	6
	1	% within sex	0.4%	0.2%	0.3%
	0	Count	2	2	4
	8	% within sex	0.2%	0.3%	0.2%
	0	Count	2	0	2
	9	% within sex	0.2%	0.0%	0.1%
Total		Count	1266	653	1919
Total		% within sex	100.0%	100.0%	100.0%

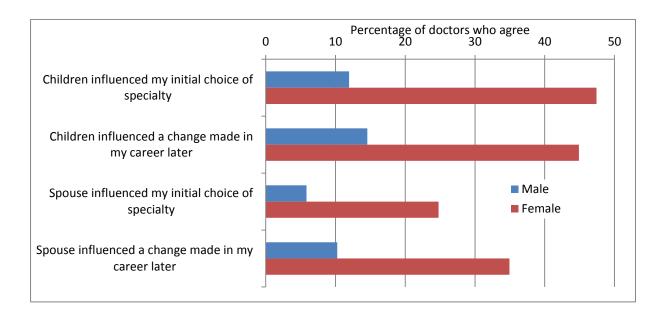
The doctors were asked 'Did the fact of having children, or of wanting to have children, influence your initial choice of career specialty?' More women doctors were influenced by children in their initial choice of career than men doctors (47% compared with 12%; Table 33 and Figure 12). The doctors were also asked 'Did the fact of having children, or of wanting to have children, influence any change you made in your career at a later stage?' More women doctors' careers were influenced by children at a later stage than men doctors (45% compared with 15%).

Table 33: Influence of children and spouse upon career by sex

			N	/lale			Female					
	Ye	es	N	0	To	otal	Y	es	No Total		otal	
	Count	%	Count	%	Count	%	Count	%	Count	%	Count	%
Children influenced my	400	4.4.007	4404	00.40/			0.4.0				050	100.00/
initial choice of specialty	162	11.9%	1194	88.1%	1356	100.0%	312	47.4%	346	52.6%	658	100.0%
Children influenced a												
change made in my	189	14.6%	1109	85.4%	1298	100.0%	282	44.9%	346	55.1%	628	100.0%
career later												
Spouse influenced my	00	E 00/	4000	04.00/	4000	100.00/	405	04.00/	F04	75 00/	000	400.00/
initial choice of specialty	80	5.8%	1289	94.2%	1369	100.0%	165	24.8%	501	75.2%	666	100.0%
Spouse influenced a												
change made in my	137	10.2%	1200	89.8%	1337	100.0%	224	34.9%	417	65.1%	641	100.0%
career later												

The doctors were asked 'Did the work circumstances of your spouse/partner influence your initial choice of career specialty?' More women doctors were influenced by their spouse/partner in their initial choice of career than men doctors (25% compared with 6%). The doctors were also asked 'Did the work circumstances of your spouse/partner influence any change you made in your career at a later stage?' More women doctors' careers were influenced by children at a later stage than men doctors (35% compared with 10%).

Figure 12: Influence of children and spouse upon career by sex



# **Appendix 1: The questionnaire**



#### **UK Medical Careers Research Group**

#### 2014 Survey of Doctors who Graduated in 1977

#### Information about this survey

#### About the survey

Our research group has been reporting on doctors' career choices and progression, factors that influence career progression, and doctors' experiences for many years. We have surveyed all medical graduates, from all UK medical schools, in 12 year-of-qualification cohorts. This new questionnaire is being sent to every doctor who graduated in the UK in1974 and 1977 for whom we have contact details. This is the eighth occasion on which the Medical Careers Research Group has surveyed your graduation year, following previous surveys between 1978 and 2004.

#### The results

Our findings are provided, as aggregated statistics and summarised comments, to the Department of Health, GMC, Medical School and Postgraduate Deans, and others, and the findings are published in peer reviewed journals. Policy makers in medicine take a close interest in, and make use of, our findings. See our website at www.uhce.ox.ac.uk/ukmcrg for details of our work and links to published papers.

#### Your views are important

If you are not working in the NHS, if you are in medicine abroad, or if you are no longer working in medicine, we still really want to hear from you. We are very interested in doctors who do not work in the NHS, or in medicine at all, as well as those who do.

#### Confidentiality and ethical approval

The survey is completely confidential and it will not be possible to identify the views of individual respondents either directly or indirectly in the published results. Your reply will be treated as strictly confidential to senior members of our small survey team. Your reply is anonymised on receipt by separating your personal details from the rest of your reply. All replies are held securely by the UK Medical Careers Research Group in the University of Oxford and only aggregated statistical information, or anonymised quotes, as analysed by us, will be made available to people outside it

Our studies have NHS Ethical Committee approval (NRES Ref. 04/Q1907/48).

#### **Further contact**

We do not anticipate surveying your graduation cohort again for several years. However, if you will never want to give us your views about your work, now or in the future, and wish to be removed from our mailing list, please email mcrg@dph.ox.ac.uk to tell us, giving your name and our reference number, and your GMC number, if known.

#### Queries

If you have any queries about the questionnaire or the survey, please contact Trevor Lambert, the Study Coordinator, by phone on Oxford (01865) 289389 or email trevor.lambert@dph.ox.ac.uk Thank you very much for your help.

We hope that you will find the questions interesting and that you will enjoy giving us your answers!

Trevor Lambert Professor Michael Goldacre

Study Co-ordinator Director



# **UK Medical Careers Research Group**

# 2014 Survey of Doctors who Graduated in 1977

#### Please answer as fully as you can.

For questions with yes/no or multiple choice responses, please write X in the box corresponding to your choice(s); for other questions please respond using numbers or freehand text as appropriate.

If a box is too small	for the whole of your answer, ple	ease continue alongside the relevant box.
	1. Your GMC	C registration status
Are you currently on	the Medical Register of the Ge	eneral Medical Council?
		Yes, registered and licensed to practise
		Yes, registered, not licensed to practise
		No [
re you on the Speci	alist Register of the GMC?	
re you on the opeo	unst register of the cine.	Yes * [
		No [
	* If Yes, please give you	r specialty on the Specialist Register
re you on a registe	r to practise in any country out	side the UK? Yes *
		No [
	* If Yes, please specify th	
		-
	2. Your currer	nt ampleyment status
		nt employment status
Vhich of these phras	ses best describes your curren	it employment status?
e.g. pharmaceutical ir		in a role which requires a medical degree or, if non-clinical, role where a medical degree is normally expected. Please regardentinuing to work in that post.
		Working full-time in medicine
		Working part-time in medicine
		Working full-time outside medicine
		Working part-time outside medicine
		Retired, not now working in medicine
		Retired, and 'returned' for some medical work
		Other (please describe) *
	* If you have selected 'Ot	her', please describe your employment status

<DataSubje

medicai empioyment?		
	Clinical service witho	ut teaching or research
	Clinical service w	vith some research time
	Clinical service with some	teaching responsibility
	Clinical service with some	teaching and research
		Clinical academic
		Other *
	* Other (please describe)	_
you are working OUTSIDE medic	ine, please go to sectio	n 6 – <i>YOUR VIEV</i>
3. If you have retired, or have 'retired please cor	red and returned' to do som nplete this section	e medical work,
When did you retire (year)?		
How old were you when you retired?		years old
What was the normal, contractual, retirement age fo	or your job?	years old
Were you working in clinical practice at the time yo	u rotirod?	
were you working in clinical practice at the time yo	u remeu :	Yes
		No *
* If	No, when did you last work in clinical pr	ractice (year)?
How many hours a week did you work in your last	year in clinical practice, on average?	
In that year, approximately what percentage of you of these areas?	r working time did you spend each w	reek, on average, on each
		Clinical work %
	Teach	ing and training %
		Research %
		Management %
	Other (ple	ease describe) *%

Which phrase best describes your <u>current medical post</u>, or your <u>last medical post if you are not in</u>

what were the circumstances of your retirement? Please select the option closest to your situation
I retired when I had planned to retire
It was unplanned and due to a change in the work environment
It was unplanned and due to changes in personal circumstances
Other
Which of these, if any, was a factor in your decision to retire when you did? Please tick all that apply
Pressure of work
Not wanting to do out-of-hours work
Family reasons
To increase time for leisure/other interests
Reduced job satisfaction
Retirement of spouse / partner
Financial security/insufficient financial incentive to stay
Possibility of deteriorating skill/competence
The prospect of revalidation
Poor health
To maintain good health
None of the above – I just wanted to retire
Other (please specify) *
* If Other, please expand further on the circumstances of your retirement, if you wish
How much did you enjoy your last post?
1 2 3 4 5 6 7 8 9 10 Didn't enjoy it at all  Enjoyed it greatly
Having retired, do you now work any sessions in medicine?
Yes *
No
* If yes, please give brief details if you wish

NOW PLEASE GO TO SECTION 6 – YOUR VIEWS

4. If you are working in medicine, please complete this section	)[]
How many hours a week do you work on average, in total, including any private practice?	
Approximately what percentage of your working time do you spend each week, on average, on each of areas?	these
Clinical work	%
Teaching and training	%
Research	%
Management	%
Other (please describe) *	%
* If you have selected 'Other', please describe the type of work	
Would you like to spend more, or less, time on each of these areas?    More   Less	Same
How much do you enjoy your current work?	
1 2 3 4 5 6 7 8 9 10 I don't enjoy it at all	
How satisfied are you with the amount of time your work leaves you for family, social and recreational	activities?
1 2 3 4 5 6 7 8 9 10  Not at all satisfied  Extremely satisfied	

Does your current post nave a	a fixed retirement age? (e.g. does it have an Emp	lioyer Justified Retirement Age)?
		Yes *
		No 🔲
		Don't know
	* If Yes, what is the retirement age for y	our post, if you know it?
At what age do you plan to re	tire?	years old
Do you plan to reduce your ti	me commitments to your work before retiring?	Voc. I have already dama as
		Yes, I have already done so
		Yes, in the future
		Don't know
Da considerate alconomic		DOIT KNOW []
Do you plan to change your re	ole, in employment, before you retire?	Yes *
		No 🔲
*	Please describe any intended change in role, if you	wish
would any of the following en	courage you to stay working in medicine longer	
		Workload reduction/shorter hours
	Reduction of or	n-call or emergency commitments
	Reduced in	npact of work-related bureaucracy
		Financial incentivisation
	Improved working condition	s, other than (or as well as) hours
	Career chang	ge and development opportunities
	More	involvement in direct patient care
	Less	involvement in direct patient care
		None of these
		Other *
*	If Other, please specify	

NOW PLEASE GO TO SECTION 6 - YOUR VIEWS

# 5. If you are not in employment, but do not regard yourself as retired, please complete this section

Are you currently seeking wor	rk as a doctor?
	Yes *
	No _
	Possibly in the future *
* If Yes or Po	ssibly, please describe the type of post you are seeking / would seek:
Specialty?	
Grade?	
Location?	
	Number of hours a week?
When did you last work as a d	loctor (year)?

**NOW PLEASE CONTINUE WITH SECTION 6 WHICH FOLLOWS** 

# 6. Your views - to be completed by all respondents, please

If you have not been working in medicine or the NHS for some time, you may not feel able to express an opinion on some of the questions in the following sections: if so, please select 'Don't know'.

Please consider each statement and mark the response which most accurately reflects your own opinion.

For all statements:

SA=Strongly Agree, A=Agree, N=Neither agree no DK=Don't Know	_	D=Dis	agree,	SD=	Stron	gly Dis	agree	
			SA	Α	N	D	SD	DK
I have had good professional opportunities in	my career to	date						
In recent years, I have often found myself doing too much doctor	work that a ju							
In recent years, I have often found myself doing too n appropriately trained nurse	nuch work that could have o	at an done						
There are good prospects for improvement of the NH	IS in my spec	cialty						
There are good prospects for improvement of	of the NHS ov	erall						
The NHS of today is a good equal opportunities employer fo	r women doc	tors						
The NHS of today is a good equal opportunities employe	er for doctors ethnic minor							
The NHS of today is a good equal opportunities employed	er for doctors disabi							
The NHS of today is a good employer when doctors beco	me ill themse	elves						
The decline of the traditional 'firm' structure in the NHS in significantly reduce								
These days, the training of GP trainees in the NHS is sufficie to practise adequately when they								
These days, the training of specialist doctors in the NHS is so them to practise adequately when they first be								
	If your resp	onse t	o eithe	r of th	na last	two st	ateme	nte w
	'Disagree' o consider tra	r 'Stro	ngly D	isagre	e', in	which	areas	do yo
	Please desc	ribe :						

Thinking about policy, practice, and health services in the UK...

What single change, in policy or practice, would you like to see in your own specialty?
What single change, in policy or practice, would you like to see in the NHS?
Thinking about your own career
What, if anything, would you like to have changed in your own career path? At what stage? What prevented you from doing so?
Have there been any factors, such as caring for family, or partner's job, which have imposed constraints on your career?
Yes *
No
Prefer not to answer
* If Yes, please describe briefly and in what way they have affected your career
Do you feel that working as a doctor has had any adverse effects on your own health or well-being?
Yes *
No
Prefer not to answer
* If Yes, please describe the adverse effects on your health or well-being, if you wish

Thinking about the careers of others... Would you recommend a career in medicine, now, to young people with an aptitude for it? **Definitely Yes** Probably Yes Unsure Probably No Definitely No Please give brief reasons for your answer, if you wish **Families and careers** We are interested in factors that influence career choice and progression and would therefore like to ask about spouses/partners, children and family formation. Have you had children? (include step-children if applicable) \* If Yes, how many? Yes \* No Did the fact of having children, or of wanting to have children, influence your initial choice of career specialty? Did the fact of having children, or of wanting to have children, influence any change you made in your career at a later stage? \* If you answered Yes to either question, please indicate in what way you were influenced, if you wish. Yes\* No Did the work circumstances of your spouse/partner influence your initial choice of career specialty? Did the work circumstances of your spouse/partner influence any change you made in your career at a later stage?

\* If you answered Yes to either question, please indicate in what way you were influenced, if you wish.

First appointed as a:

# 8. Your specialty choices and career milestones

If you reached any of these NHS career milestones, please give the year reached (and the specialty where indicated).

Year		
Consultant: Speci	alty:	
GP Principal:		
Non-consultant career grade post: Speci	alty:	
Do you hold a Clinical Excellence Award (or Distinction	Award)?	Yes * No
* If Yes, in	what year was your first CEA/Distinction	n Award?
* If yes, in what year was your <i>curre</i> .	nt Award given (ignore the year of any r	enewal)?
* If yes, what is the	evel (e.g gold/A) of your current award?	?
9. Backgrou	nd information	
What is your age?		years old
What is your gender?		Male
		Female
Which of the following best describes your ethnic origin	?	
	White	Black Caribbean
	Indian	Black African
	Pakistani	Black-other *
	Bangladeshi	Mixed *
	Chinese	Other *
	Asian-other *	
	* Please give more details if you wish	

# 10. Your current and recent employment

Please give details below of your current (or most recent) paid employment, starting with any current employment and working back in time. We do not require details of any employment prior to 2004 (when we last surveyed your graduation year). Most respondents will not find this section as daunting as it looks! However, for some, as a senior doctor you may have several paid roles (e.g. an NHS post and work in Private Practice, or a clinical post and a management post). If you do, we are interested in each of them. Please describe any employment, whether in the NHS or not, whether in medicine or not, and whether in the UK or not. Please regard short-term or sabbatical leave from a post as continuing to work in that post. If you are/were in a UK Academic post, please give under 'Grade' both your academic grade or job title and your NHS Honorary grade. For posts in UK general practice, please indicate under 'Grade' whether as a GP partner, or salaried GP, or locum etc.

Date	Date	Medical Specialty Subject or type of work if non-medical	Grade / Job Title	Location	Mark X to all that apply					ply			
started  MM / YY  (approx. dates are fine)	ended (if ended) MM / YY (approx. dates are fine)	Subject or type of work if non-medical	(UK academics: give academic <u>and</u> NHS Honorary grade)	Give the town or county if in the UK, or the country if abroad	NHS clinical service post	Academic post	UK other public sector medical	UK Private Sector Medical	Abroad Medical Post	Non-medical Employment	Full-time	Part-time	Locum Appointment

## 11. Additional comments, if you wish

Please give us any further comments you wish to make, on any issues raised by our questions in this survey. If you want to tell us about other previous posts, or would like to give us more detail about your posts, please do so here. You may also use this page to expand on any answers you have given in the rest of the questionnaire.

We are also interested in any advice, about careers in medicine, that you may like to give to aspiring medical students or young doctors. Perhaps you would like to tell us about aspects of your work which have given you the most, or the least, job satisfaction?

We summarise the views of respondents and report on them to policy makers and in publications, in ways that ensure individuals cannot be identified. Your individual comments will remain totally confidential to senior researchers in the UK Medical Careers Research Group. Thank you for your help.

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<b>Alternatively</b> , please email your comments to trevor.lambert@dph.ox.ac.uk or michael.goldacre@dph.ox.ac.uk quotin your reference number <datasubjectref> .</datasubjectref>		

Thank you very much for your co-operation. Please remove the covering letter before returning.

Please return this questionnaire in the pre-paid envelope included, or in your own stamped envelope to: *UK Medical Careers Research Group, Nuffield Department of Population Health, University of Oxford, Rosemary Rue Building, Old Road Campus, Oxford OX3 7LF.*